

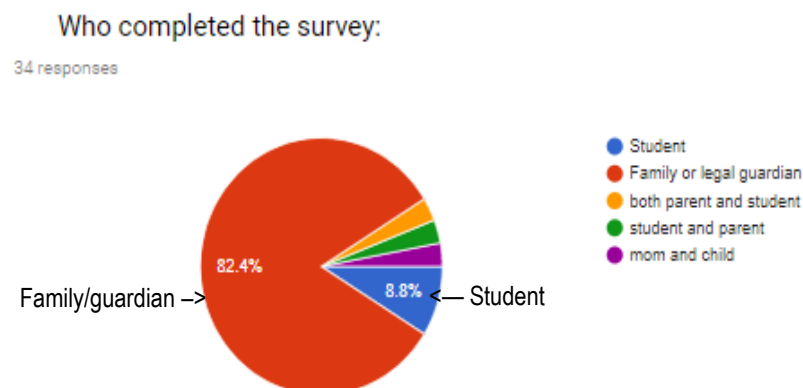
August 15, 2018 🌱 All-District Registration Day

UW-Extension Columbia County and the School District of WI Dells (SDWD) Food Service Director, Greg Heller, hosted the ***SDWD Farm-to-School (F2S) Showcase*** during the All-District Registration Day, 8/15/18. The purpose of the *SDWD Food Service F2S Showcase* was to spotlight the fresh local food served as part of the SDWD’s school meal program; increase awareness of Columbia County’s local food resources and increase knowledge of how local food contributes to overall wellness and healthy eating habits. The *Showcase* featured three stations:

- 🌱 **Meet the Farmer** with Becky Breda representing Badger Organic Farms — this station exemplifies the successful collaboration between the SDWD and the farmer/Badger Organic Family Farms, which grow the local food that is served as part of the school meal program (from field to tray). One of the educational activities had students/families match photos of the feature food in seed form, plant form, and full-grown vegetable/fruit form. This station also included an opportunity to win one of three food baskets packed with WI grown food. The raffle was an incentive to have students/families complete the food service and F2S electronic survey.

- 🌱 **Local Food Nutritional Facts** with Caitlin Richardson/UWEX FoodWise Coordinator — this station shared nutritional & wellness tips with families (more than 50% of SDWD students qualify for free or reduced school meals) to raise awareness regarding Columbia County local food resources — area farmer markets, community gardens, on-line interactive local foods map, CSA’s, local food businesses — and provide families with recipes that easily incorporate local foods into their daily diets. Additionally, students/staff increased their knowledge about resources and recipes offering nutritional tips for the those bringing a sack lunch.

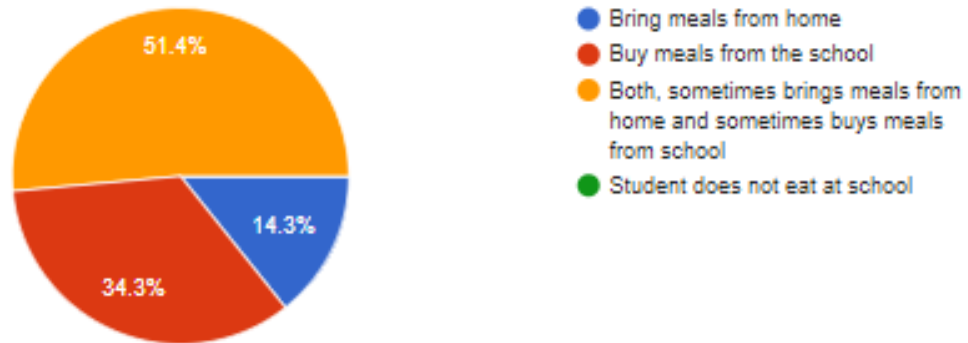
- 🌱 **Tasting & Food Service F2S Survey** with Kathleen Haas/UWEX Community Development Educator — this station invited families to taste the featured local foods prepared by school food service staff. The menu included: zucchini squares, baked zucchini fries, grape/cherry tomatoes, and kohlrabi sticks. Participants were encouraged to take home the newly published *Harvest of the Month Briefing* that covered — fun & nutritional facts, where to purchase featured food, books/videos listings; illustrations of a seed/plant/harvested vegetable/fruit, and recipes. Lastly, 36 participants completed SDWD Food Service and F2S electronic survey (n=36) that gauged students/staff’s interest in increasing the amount of local food in SDWD school prepared meals, results below. (n=36)





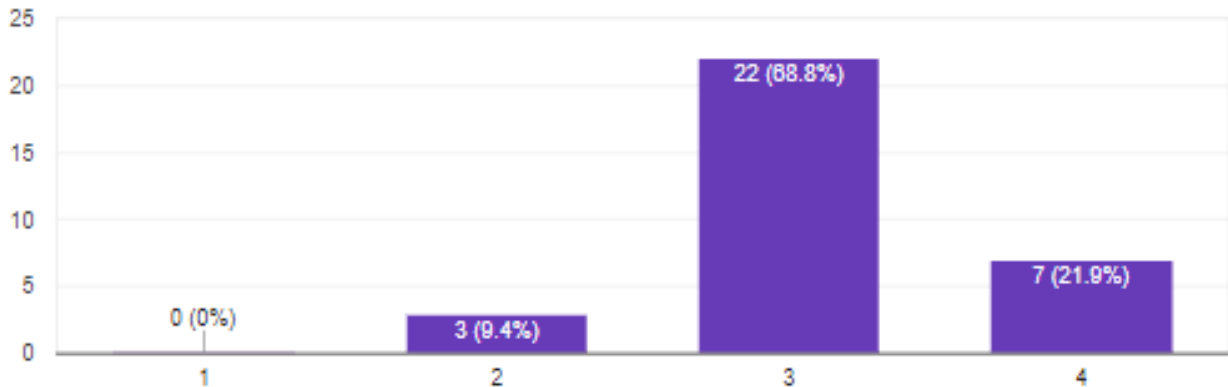
1. In general, do you/your student:

35 responses



2. In general, how would you/your student rate the meals served at school, (1 = poor to 4 = great):

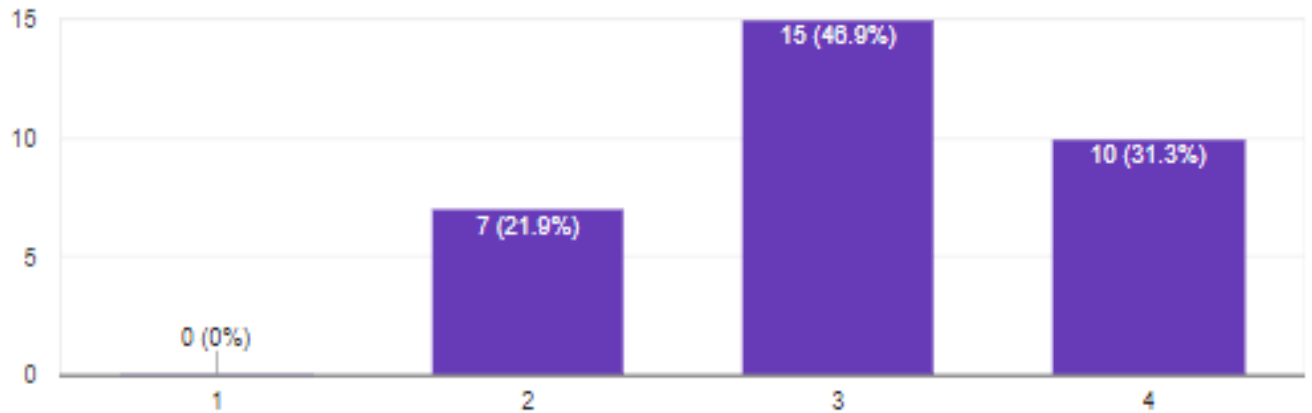
32 responses





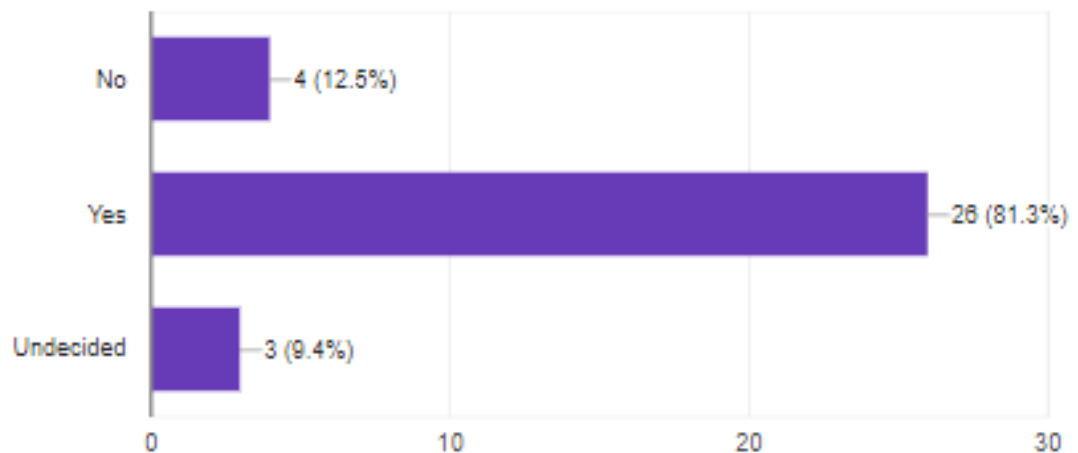
3. In general, how would you/your student rate the vegetables and/or fruit served with school meals, (1 = poor; 4 = great):

32 responses



4. Do students need more fresh vegetables and fruit in their school meals:

32 responses



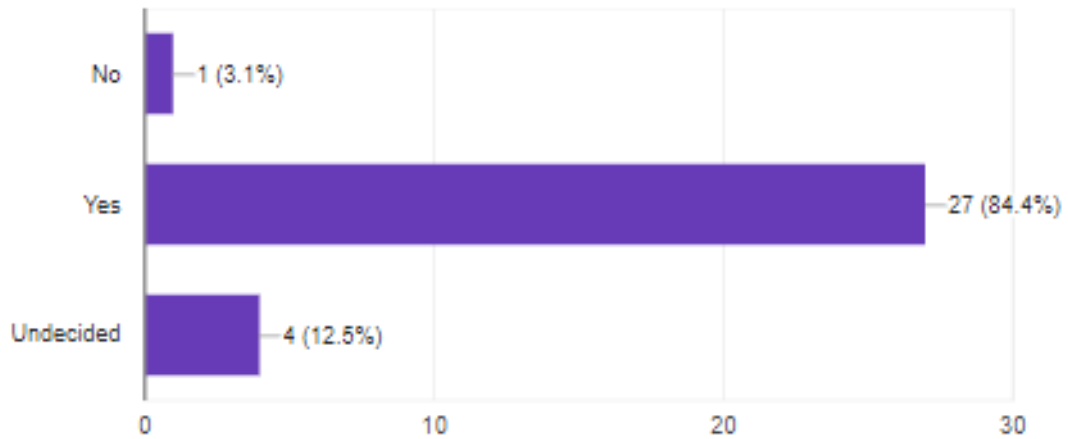
2018 SDWD Local Foods Survey

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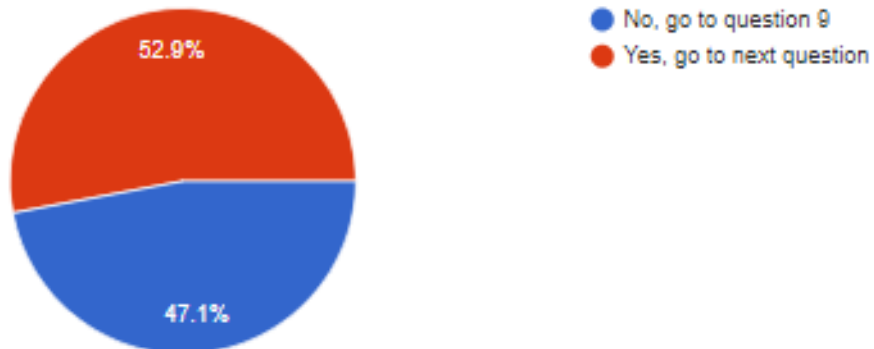
5. Would you/your student try samples of new menu items if the school offered them:

32 responses



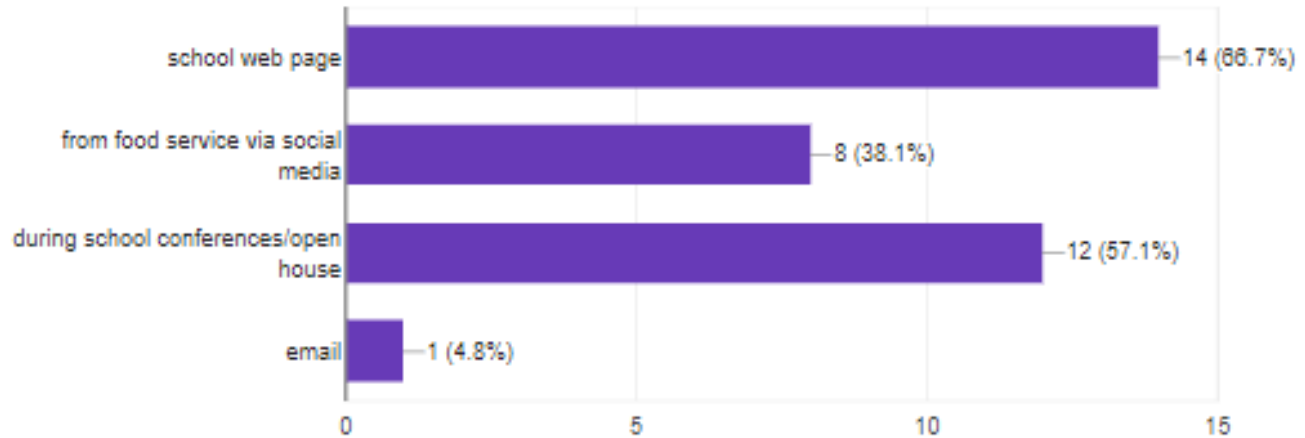
6. Are you interested in learning more about eating healthy:

34 responses



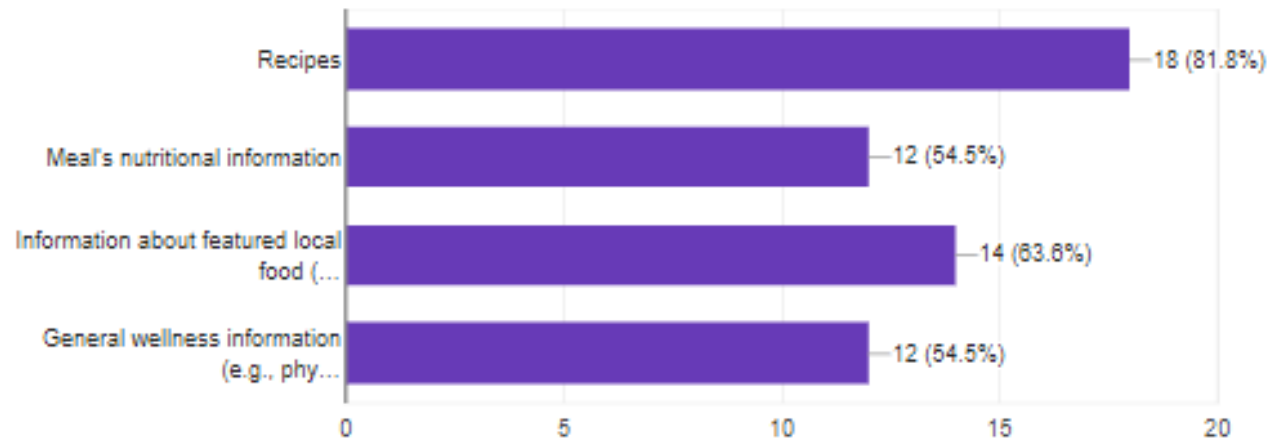
7. How would you prefer to learn about eating healthy (check all that apply):

21 responses



8. What information would you like to receive regarding eating healthy (check all that apply)?

22 responses



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9. What suggestions do you have for the SDWD food service staff (be kind)...

9 responses

- bigger selection
- Encourage the students to use manners.
- keep trying new trhings
- none
- Ask the kids what type of meals they like, and sever what is most liked
- more pizza they said
- Food is excellent!!
- nothing
- A monthly summary of what food has been purchased by our children. Was it a full meal such as luch or breakfast, or al-a-cart items like juice or fruit in teh morning.

10. What school does the student attend (only check one):

34 responses

